



FIND AN ALZHEIMER CAFÉ near you

An Alzheimer Café is a meeting place that gives informal education and advice about dementia and offers guidance and signposting to other services. We welcome people with dementia, their families, carers, professionals, and people with an interest in dementia.

EAST COWES

1st Tuesday of the month

2PM - 4PM

Town Hall, York Avenue

East Cowes

PO32 6RU

COWES

2nd Weds of the month

2PM - 4PM

Football Club

Reynolds Close

(off Park Road)

PO31 7NT

TOTLAND

3rd Weds of the month

2PM - 4PM

St Saviour's

Holy Family Centre

Weston Lane

Totland

PO39 0HE

SANDOWN

4th Weds of the month

2PM - 4PM

The Broadway Centre

1 Broadway, Sandown

PO36 9GG

NEWPORT

Last Thurs of the month

6PM - 8PM

Newclose County Cricket

Ground

Blackwater Road, Newport

PO30 3BE

BEMBRIDGE

2nd Tues of the month

2PM - 4PM

Bembridge Youth &

Community Centre,

Steyne Park, Steyne Road

Bembridge PO35 5UL

Starting 18th June ACE7, an Alzheimer Café for people with young-onset dementia (age 45-65) will run on 1st and 3rd Tuesday of the month from 10AM - 12PM
@ Parklands Park Road, Cowes, PO31 7LZ

No booking required!