

Sandown Cafés 2024



DATE	PRESENTATION	PRESENTER
24TH JAN	NHS FUSION UPDATE	CHERYL SOUTAR & ANNA PRICE, NHS
28TH FEB	ENERGY UPDATE & INFORMATION	GREEN ISLE OF WIGHT
27TH MARCH	USING ALEXA AS SUPPORT	JAMIE MACAULAY
24TH APRIL	FEAR AND ANGER AND THE RANGE OF EMOTIONS	MAGGIE BENNETT
22ND MAY	LIVING WITH DEMENTIA: DEMENTIA FRIENDLY ENVIRONMENTS	BARRY JACKMAN
26TH JUNE	STRESS - WHY DOES IT SNEAK UP ON YOU	MAGGIE BENNETT
24TH JULY	THE HERBERT PROTOCOL	POLICE / WIGHT SAR
28TH AUG	LIVING WITH DEMENTIA: MAKING FINANCIAL DECISIONS AND LASTING POWERS OF ATTORNEY	GLANVILLES DAMANT
25TH SEPT	DIAGNOSING DEMENTIA: WHAT IS AND ISN'T DEMENTIA	BARRY JACKMAN
23RD OCT	UNDERSTANDING GRIEVING AND GUILT	MAGGIE BENNETT
27TH NOV	CHRISTMAS CAFÉ	

NOTE: Sandown cafés take place on 4th Wednesday of the month from 2PM - 4PM

Newport Cafés 2024



DATE	PRESENTATION	PRESENTER
25TH JAN	COMMUNICATION: HOW DO WE STAY CONNECTED?	MAGGIE BENNETT
29TH FEB	THE HERBERT PROTOCOL	POLICE / WIGHT SAR
28TH MARCH	DIAGNOSING DEMENTIA: WHAT IS AND ISN'T DEMENTIA	MAGGIE BENNETT
25TH APRIL	USING ALEXA FOR SUPPORT	JAMIE MACAULAY
30TH MAY	STRESS - WHY DOES IT SNEAK UP ON YOU?	MAGGIE BENNETT
27TH JUNE	LIVING WITH DEMENTIA: MAKING FINANCIAL DECISIONS AND LASTING POWERS OF ATTORNEY	GLANVILLES DAMANT
25TH JULY	UNDERSTANDING GRIEVING AND GUILT	MAGGIE BENNETT
29TH AUG	LIVING WITH DEMENTIA: DEMENTIA FRIENDLY ENVIRONMENTS	BARRY JACKMAN
26TH SEPT	FEAR AND ANGER AND THE RANGE OF EMOTIONS	MAGGIE BENNETT
31ST OCT	ENERGY UPDATE	GREEN ISLE OF WIGHT
28TH NOV	CHRISTMAS CAFÉ	

**NOTE: Newport cafés take place on last Thursday
of the month from 6PM - 8PM**



Totland Cafés 2024

DATE	PRESENTATION	PRESENTER
17TH JAN	DEMENTIA CHOIR	
21ST FEB	WHAT HAPPENS TO MEMORY AND ATTENTION? THE BOOKCASE MODEL	BARRY JACKMAN
20TH MARCH	WHAT ELSE HELPS? THE HERBERT PROTOCOL	POLICE / WIGHT SAR
17TH APRIL	DIAGNOSING DEMENTIA: WHAT IS AND ISN'T DEMENTIA	BARRY JACKMAN
15TH MAY	STRESS - WHY DOES IT SNEAK UP ON YOU?	LIZ PEARSON
19TH JUNE	USING ALEXA FOR SUPPORT	JAMIE MACAULAY
17TH JULY	LIVING WITH DEMENTIA: MAKING FINANCIAL DECISIONS AND LASTING POWERS OF ATTORNEY	GLANVILLES DAMANT
21ST AUG	UNDERSTANDING GRIEVING AND GUILT	MAGGIE BENNETT
18TH SEPT	ENERGY UPDATE & INFORMATION	GREEN ISLE OF WIGHT
16TH OCT	FEAR AND ANGER AND THE RANGE OF EMOTIONS	LIZ PEARSON
20TH NOV	LIVING WITH DEMENTIA: DEMENTIA FRIENDLY ENVIRONMENTS	BARRY JACKMAN
18TH DEC	CHRISTMAS CAFÉ	

NOTE: Totland cafés take place on 3rd Wednesday of the month from 2PM - 4PM

Cowes Cafés 2024



DATE	PRESENTATION	PRESENTER
14TH FEB	WHAT ELSE HELPS? USING ALEXA FOR SUPPORT	JAMIE MACAULAY
13TH MARCH	WHAT HAPPENS TO MEMORY AND ATTENTION: THE BOOKCASE MODEL	BARRY JACKMAN
3RD APRIL	UNDERSTANDING GRIEVING AND GUILT	LIZ PEARSON
1ST MAY	COMMUNICATION - HOW DO WE STAY CONNECTED?	BARRY JACKMAN
12TH JUNE	ENERGY UPDATE AND WAYS TO SAVE MONEY	GREEN ISLE OF WIGHT
10TH JULY	FEAR AND ANGER AND THE RANGE OF EMOTIONS	MAGGIE BENNETT
14TH AUG	WHAT ELSE HELPS? THE HERBERT PROTOCOL	POLICE / WIGHT SAR
11TH SEPT	DEMENTIA FRIENDLY ENVIRONMENTS	BARRY JACKMAN
9TH OCT	STRESS, WHY DOES IT SNEAK UP ON YOU?	LIZ PEARSON
13TH NOV	LIVING WITH DEMENTIA: MAKING FINANCIAL DECISIONS AND LASTING POWERS OF ATTORNEY	GLANVILLES DAMANT
11TH DEC	CHRISTMAS CAFÉ	

**NOTE: Cowes cafés take place on 2nd Wednesday of the month
from 2PM - 4PM**

East Cowes Cafés 2024



DATE	PRESENTATION	PRESENTER
6TH FEB	LIVING WITH DEMENTIA: MAKING FINANCIAL DECISIONS AND LASTING POWERS OF ATTORNEY	GLANVILLES DAMANT
5TH MARCH	COMMUNICATION - HOW DO WE STAY CONNECTED?	BARRY JACKMAN
2ND APRIL	STRESS, WHY DOES IT SNEAK UP ON YOU?	LIZ PEARSON
7TH MAY	DIAGNOSING DEMENTIA: WHAT IS AND ISN'T DEMENTIA	BARRY JACKMAN
4TH JUNE	WHAT ELSE HELPS? THE HERBERT PROTOCOL	POLICE / WIGHT SAR
2ND JULY	WHAT ELSE HELPS? USING ALEXA FOR SUPPORT	JAMIE MACAULAY
6TH AUG	FEAR AND ANGER AND THE RANGE OF EMOTIONS	BARRY JACKMAN
3RD SEPT	UNDERSTANDING GRIEVING AND GUILT	LIZ PEARSON
1ST OCT	ENERGY UPDATE AND WAYS TO SAVE MONEY	GREEN ISLE OF WIGHT
5TH NOV	WHAT HAPPENS TO MEMORY AND ATTENTION: THE BOOKCASE MODEL	BARRY JACKMAN
3RD DEC	CHRISTMAS CAFÉ	

NOTE: East Cowes cafés take place on 1st Tuesday of the month from 2PM - 4PM