

June has been a fabulous month for Alzheimer Café Isle of Wight!
From fundraising to fun @ Parklands and new cafés to new regular events @ our
Community Café, we've had one of our busiest months to date!

Read on for more!

.....

Community Fundraising

An absolutely enormous thank you to our wonderful community who continue to support us and help us raise funds for Alzheimer Café Isle of Wight!

Firstly, we would like to say an absolutely huge thank you to Stuart Saunders who walked 50 miles around the Island to raise money for Alzheimer Café. Stuart raised a whopping £1355 which will go directly back into Alzheimer Café @ Parklands. Stuart's walk has done more for the cause than raise a fabulous amount of money - it has increased awareness of our mission too!



Next up, A big thank you to HMP Isle of Wight who, after 1 year of a very successful charity raffle, have raised £269.00 for us!

A very big thank you to Joe Nash who has raised money for us time and time again. Joe's most recent street collection at the Cowes Fringe in May raised £699!

The Lions raised £511.55 for Alzheimer Café Isle of Wight in their annual sponsored swim - thank you for choosing us to donate this fantastic amount to!

We'd like to say thank you to Joli, a lovely shop in Cowes, who have selected us to be their charity of the year. On Saturday 20th July, customers will receive 10% off anything in the store, and you will also be greeted with cakes, cream tea, and fizz!

The shop is located at 55 High Street, Cowes.



The flyer features a purple and white color scheme. At the top, there is a line drawing of a woman in a purple dress sitting on a cushion and holding a teacup. Below this is the word "Joli" in a large, dark blue serif font. The text of the flyer is centered and reads: "You are invited to our fundraising day on Saturday 20th July from 10AM - 5PM in support of Alzheimer Café Isle of Wight. We will be serving cream teas, cakes, and fizz! 10% customer discount. 10% of sales will be donated to Alzheimer Café Isle of Wight. Joli, 55 High Street, Cowes, PO31 7RR". At the bottom center is a circular logo for Alzheimer Café Isle of Wight, which includes a small illustration of a building and the text "ALZHEIMER CAFE ISLE OF WIGHT" and "THE CHART" around the perimeter.

We never fail to be overwhelmed by the motivation people have to achieve so much, when driven by their experiences. It's that drive from our community which

has helped to get Parklands open and functioning to support people with dementia
on the Island.

.....

What's on at the Daily Wellbeing Club @ Parklands

Our Wellbeing Club has been open since the start of June and we have had a lot of fun already! We've been dancing, playing games, visiting groups, playing Bingo, painting, cooking, you name it!

Our Wellbeing Club provides opportunities for people to revisit hobbies or engage in new activities that interest them in a relaxed and enjoyable safe space, managed by experienced and trained staff and volunteers.

To learn more about our Wellbeing Club, please feel free to get in touch!

Tel: 01983 220200

Email: parklands@alzheimercafeiow.org.uk

Opening times: Monday – Friday 9.30 - 16.30 (except bank holidays)

Parklands, Park Road, Cowes, PO31 7LZ

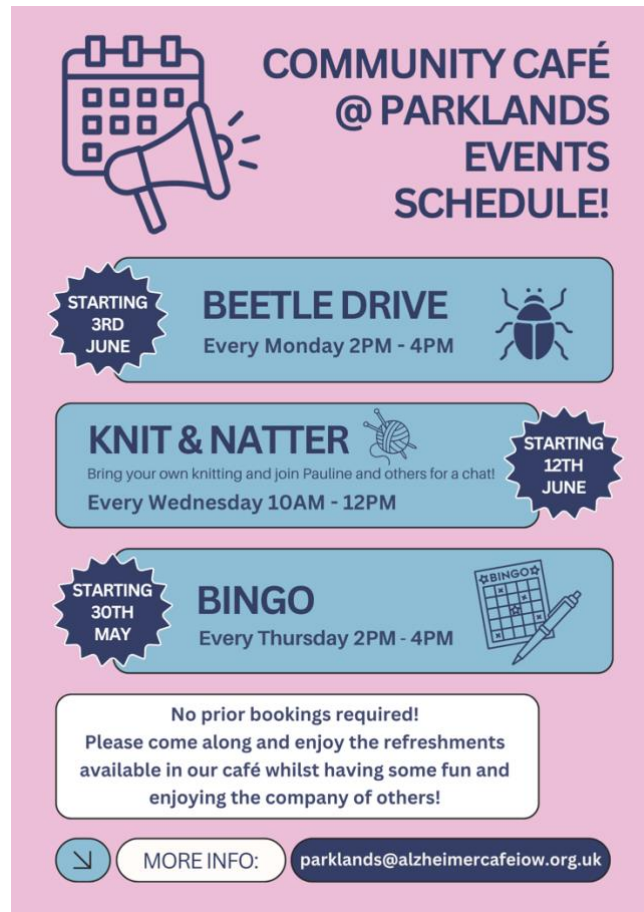
What's on @ the Community Café

Our Community Café is always a fun place to visit!

We have activities going on most days that anyone is welcome to join and of course, a menu full of delicious food and sweet treats.

Here's a peak at our weekly planner which we'll be adding more to over the summer!

Our Community Café is a dementia friendly space but is open to ANYONE who fancies some lovely food, a cup of coffee, or a fun activity!



The poster features a pink background with a calendar and megaphone icon at the top left. The main title is 'COMMUNITY CAFÉ @ PARKLANDS EVENTS SCHEDULE!'. Below this are three event boxes: 'BEETLE DRIVE' (Every Monday 2PM - 4PM, starting 3rd June), 'KNIT & NATTER' (Every Wednesday 10AM - 12PM, starting 12th June), and 'BINGO' (Every Thursday 2PM - 4PM, starting 30th May). A central box states 'No prior bookings required! Please come along and enjoy the refreshments available in our café whilst having some fun and enjoying the company of others!'. At the bottom, there is a 'MORE INFO:' button with the email address 'parklands@alzheimercafeiow.org.uk'.

Citizen's Advice Support

If you're feeling a bit lost and overwhelmed by filling in form after form, we can help.

You can now make appointments with our Citizen's Advice volunteer Gill Corby who will be based at Parklands every Thursday from 1.30 - 4.30. Gill can guide you through the (often tricky and confusing) process of filling in forms such as attendance allowance, Personal Independence Payments (PIP) council tax reductions, pensions credits and carers allowance, and more.

email parklands@alzheimercafeiow.org.uk or call us on 01983 220200 for more information or to book an appointment.

Make an appointment with our Citizens Advice volunteer today

citizens advice

Our new Citizens Advice volunteer Gill Corby will be based @ Parklands **every Thursday afternoon** from **1.30 – 4.30pm**.

Gill we be able to advise and support with form filling for:

- ✓ Attendance allowance
- ✓ Personal Independence Payments (PIP)
- ✓ Council tax reductions
- ✓ Pensions credits
- ✓ Carers allowance

and more

Please call **01983 220200** to make an appointment or drop in to our community café – if Gill is free she may be able to answer any quick queries or arrange a convenient time to support you

⌵ MORE INFO: parklands@alzheimercafeiow.org.uk

IOW Age UK Drop in Sessions

Come and meet our friendly Older Persons Mental Health Dementia Care Navigators who are here to offer support and advice to those living with and caring for people with memory problems.

Delicious refreshments available - no need to book!

Every Friday from 11AM -1PM @ Parklands Community Café



FOR OUR FULL SCHEDULE OF ACTIVITIES AND EVENTS, [CLICK HERE!](#)

New Café in Bembridge and ACE7 @ Parklands

Our new café in Bembridge and our ACE7 café @ Parklands are officially OPEN!



FIND AN ALZHEIMER CAFÉ near you

An Alzheimer Café is a meeting place that gives informal education and advice about dementia and offers guidance and signposting to other services. We welcome people with dementia, their families, carers, professionals, and people with an interest in dementia.

EAST COWES 1st Tuesday of the month 2PM - 4PM Town Hall, York Avenue East Cowes PO32 6RU	COWES 2nd Weds of the month 2PM - 4PM Football Club Reynolds Close (off Park Road) PO31 7NT	TOTLAND 3rd Weds of the month 2PM - 4PM St Saviour's Holy Family Centre Weston Lane Totland PO39 0HE
SANDOWN 4th Weds of the month 2PM - 4PM The Broadway Centre 1 Broadway, Sandown PO36 9GG	NEWPORT Last Thurs of the month 6PM - 8PM Newclose County Cricket Ground Blackwater Road, Newport PO30 3BE	BEMBRIDGE 2nd Tues of the month 2PM - 4PM Bembridge Youth & Community Centre, Steyne Park, Steyne Road Bembridge PO35 5UL
ACE7 , an Alzheimer Café for people with young-onset dementia (age 45-65) will run on 1st and 3rd Tuesday of the month from 10AM - 12PM @ Parklands Park Road, Cowes, PO31 7LZ		

www.alzheimercafeiw.org.uk | info@alzheimercafeiw.org.uk
01983 220200

The Alzheimer Café Shop

As many of you know, we are always thinking of new ways to raise money for our Alzheimer Cafés across the Island, and for Alzheimer Café @ Parklands. With that in mind, we're excited to launch our virtual "shop" where anyone who wishes to donate can sponsor actual items for our café guests!

From sweet treats to mini bus hire, every sponsored item will go a long, long way in supporting our 7 cafés across the Island and Alzheimer Café @ Parklands.

You can view our virtual shop [by clicking here](#) and all proceeds we raise will go directly back into Alzheimer Café Isle of Wight.

As always, thank you for your continued support.

.....

Thank you for taking the time to read about what we've been up to!
We love sharing our news and updates with our community. Please feel free to send this newsletter on to anyone who might be interested!