

Totland Cafés 2025

Totland Cafés 2025



| DATE | PRESENTATION | PRESENTER |
|------------|---|----------------------|
| 15TH JAN | DEMENTIA CHOIR | |
| 19TH FEB | DIAGNOSING DEMENTIA: WHAT IS AND ISN'T DEMENTIA | LIZ PEARSON PAULETTE |
| 19TH MARCH | STAYING SAFE: WHAT TO LOOK FOR TO KEEP HEALTHY, WHEN AND HOW TO SEEK HELP INCLUDING HOSPITAL ADMISSIONS | MAGGIE BENNETT |
| 16TH APRIL | NUTRITION - TBC | TBC |
| 21ST MAY | LIVING WITH DEMENTIA: DEMENTIA FRIENDLY ENVIRONMENTS, VISUAL PERCEPTUAL CHANGES, EATING & DRINKING | LIZ PEARSON |
| 18TH JUNE | COMMUNICATION - HOW DO WE STAY CONNETCTED? | BARRY JACKMAN |
| 16TH JULY | LIVING WITH DEMENTIA: MAKING FINANCIAL DECISIONS AND LASTING POWERS OF ATTORNEY | CLANVILLES DAMANT |
| 20TH AUG | WHAT HAPPENS TO MEMORY AND ATTENTION? BOOKCASE MODEL | LIZ PEARSON |
| 17TH SEPT | FEAR AND ANGER AND THE RANGE OF EMOTIONS | BARRY JACKMAN |
| 15TH OCT | WHAT ELSE HELPS? BLUE LAMP TRUST | BLUE LAMP TRUST |
| 19TH NOV | STRESS - WHY DOES IT SNEAK UP ON YOU? | MAGGIE BENNETT |
| 17TH DEC | CHRISTMAS CAFÉ | |

NOTE: Totland cafés take place on 3rd Wednesday of the month from 2PM - 4PM

| DATE | PRESENTATION | PRESENTER |
|------------|---|----------------------|
| 15TH JAN | DEMENTIA CHOIR | |
| 19TH FEB | DIAGNOSING DEMENTIA: WHAT IS AND ISN'T DEMENTIA | LIZ PEARSON PAULETTE |
| 19TH MARCH | STAYING SAFE: WHAT TO LOOK FOR TO KEEP HEALTHY, WHEN AND HOW TO SEEK HELP INCLUDING HOSPITAL ADMISSIONS | MAGGIE BENNETT |
| 16TH APRIL | NUTRITION - TBC | TBC |
| 21ST MAY | LIVING WITH DEMENTIA: DEMENTIA FRIENDLY ENVIRONMENTS, VISUAL PERCEPTUAL CHANGES, EATING & DRINKING | LIZ PEARSON |
| 18TH JUNE | COMMUNICATION - HOW DO WE STAY CONNETCTED? | BARRY JACKMAN |
| 16TH JULY | LIVING WITH DEMENTIA: MAKING FINANCIAL DECISIONS AND LASTING POWERS OF ATTORNEY | CLANVILLES DAMANT |
| 20TH AUG | WHAT HAPPENS TO MEMORY AND ATTENTION? BOOKCASE MODEL | LIZ PEARSON |
| 17TH SEPT | FEAR AND ANGER AND THE RANGE OF EMOTIONS | BARRY JACKMAN |
| 15TH OCT | WHAT ELSE HELPS? BLUE LAMP TRUST | BLUE LAMP TRUST |
| 19TH NOV | STRESS - WHY DOES IT SNEAK UP ON YOU? | MAGGIE BENNETT |
| 17TH DEC | CHRISTMAS CAFÉ | |

NOTE: Totland cafés take place on 3rd Wednesday of the month from 2PM - 4PM